

Beach holidays don't have to be international... Cornwall has beautiful white sand and blue flag beaches that are enviable by anyone's standards.

With Hayle train station less than 15 minutes drive away, the sandy beaches of Gwithian and delicious food at The Rockpool are on your doorstep. It's the perfect place to get away from the city and enjoy the best of the local Cornish produce or grab a refreshing drink, sit back and watch the sun sink into the ocean.

The Rockpool Seafood Bar & Grill, 1 Godrevy Towans, Gwithian, Hayle, Cornwall TR27 5ED

+44 (0) 1736 449990

THE ROCKPOOL
SEAFOOD CAFE BAR & GRILL

Train

**The Rockpool is just over 4 miles away from Hayle train station.
If you don't have someone picking you up, grab taxi for the 10-minute drive.**

Plane

Newquay airport is only 45 minutes drive from The Rockpool.

You can fly to Newquay from London Gatwick, Manchester, Edinburgh, Glasgow, Belfast and Norwich. Car rental at Newquay Airport and Truro Station: Hertz, Europcar.

Car

From London to Bristol: take the M4 to junction 20 and then join the M5 motorway signposted South West, Bristol (west) airport.

From Bristol to Exeter: take the M5 to junction 31.

Merge onto A30 at Exeter and follow the road all the way to the Hayle roundabout.

Take the 4th exit into Hayle past Lidl and turn right (2nd exit) on the first mini roundabout.

Follow the road through Gwithian and find The Rockpool just another 5 minutes drive on your left hand side.

www.therockpoolbar.co.uk

